

Title of Research Study: Implementing mobile apps for depression and anxiety in a community services agency

Investigator: [REDACTED]

Supported By: Northwestern University

Why am I being asked to take part in this research study?

We are asking you to take part in this research study because you are a staff member within [REDACTED]. We are interested in learning about your workflow, particularly in managing patients with mental health concerns and how emerging technologies like mobile phone applications for mental health could fit into your work.

What should I know about this research study?

- Whether or not you take part is up to you.
- You can choose not to take part.
- You can agree to take part and later change your mind.
- Your decision will not be held against you.
- You can ask all the questions you want before you decide.

Who can I talk to?

If you have questions, concerns, or complaints, or think the research has hurt you, talk to the Principal Investigator at [REDACTED].

This research has been reviewed and approved by an Institutional Review Board (“IRB”). You may talk to them at (312) 503-9338 or irb@northwestern.edu if:

- Your questions, concerns, or complaints are not being answered by the research team.
- You cannot reach the research team.
- You want to talk to someone besides the research team.
- You have questions about your rights as a research participant.
- You want to get information or provide input about this research.

Why is this research being done?

We are asking you to take part in this research study because we are trying to learn more about how staff members in the [REDACTED] organization approach their work and how they manage patient mental health issues. The information you provide will help the Center for Behavioral Intervention Technologies’ research team better understand how new tools such as mobile apps for mental health can be tailored to fit into your workflow at [REDACTED].

How long will the research last?

Your participation in an individual interview or focus group with other [REDACTED] staff members may last up to 1 hour.

How many people will be studied?

We expect a minimum of 10 and a maximum of 35 participants will choose to be involved in this portion of our study.

What happens if I say “Yes, I want to be in this research”?

If you agree to participate, you will be asked to join in on an individual interview and/or focus group. Questions for both the focus group and interview will be related to mental health treatment care delivery, the use of technology in clinical care, and your work environment.

What happens if I do not want to be in this research?

You can decide not to participate at any time and it will not be held against you.

What happens if I say “Yes”, but I change my mind later?

You can leave the research at any time and it will not be held against you. To do so, simply tell interview or the moderator of the focus group. Any data already collected from you will not be saved.

Will being in this study help me in any way?

We cannot promise any benefits to you or others from your taking part in this research. However, possible benefits include gaining a better understanding of difficulties or challenges you face in providing mental health care, which could result in improvements to your workflow. This study is the first step in a potential set of studies in which a technology-enabled program for managing common mental health concerns could be tailored to and implemented in your workplace. Development of such a program has the potential to improve patient care.

What happens to the information collected for the research?

Efforts will be made to limit the use and disclosure of your personal information, including research study records, to people who have a need to review this information. We cannot promise complete secrecy. Organizations that may inspect and copy your information include the IRB and other representatives of this institution. You will be identified only by a unique subject number. All information will be kept on a password protected computer only accessible by the research team. The results of the research study may be published, but your name will not be used. All results will be presented in aggregate without any personal identifiers.

Can I be removed from the research without giving my OK?

The person in charge of the research study can remove you from the research study without your approval if you are no longer employed with [REDACTED] at the time of taking the survey and/or participating in the focus group.

What else do I need to know?

If you agree to take part in this research study, we will provide you with a \$5 gift card for completing the interview or focus group. These amounts will be sent to the email address you provide to the CBITs research team.

The study number for this project is: [REDACTED]

Consent

If you would like to consent to participate, provide your full legal name, today's date, and your signature below.

If you want a copy of this consent for your records, the CBITs research team has extra copies to provide.

If you do not wish to participate in this study, please do not fill out the information below.

Full Name: _____

Participant Signature: _____ Date: _____

Witness Signature: _____