

NORTHWESTERN UNIVERSITY**Adolescent Assent to Participate in Research**

Title of Research Study: Design Opportunities for Mental Health Technologies for Youth

Principal Investigator: [REDACTED]

Supported By: Northwestern University, Jacob's Foundation, and the Delaney Foundation

Why am I being asked to take part in this research study?

A research study is usually done to find a better way to treat people or to understand how things work. You are being asked to take part in this research study because you are between the ages of 12-17 years, have visited the [REDACTED] or are part of their teen services, and are currently experiencing anxiety symptoms.

What should I know about a research study?

In this study, I want to find out more about how adolescents use technology and experience emotions, like anxiety and stress. You do not have to be in this study if you do not want to do so. It is up to you if you want to participate. You can choose not to take part now and change your mind later if you want. Your decision will not be held against you. You can ask all the questions you want before you decide.

Your parent has said that it is ok for you to be in this research study, but you get to make your decision. If you do not want to be in this study, you will not be included in the study.

How long will the research last?

I expect that you will be in this research study for one session that will last a little over an hour (75 min).

What happens if I say “Yes, I want to be in this research”?

If you agree to join this study, you will be asked to participate in a one-time, in-person feedback session. This session will last a little over an hour (75 min). I will schedule the session over the phone, fitting in with your schedule. I will ask to audio record the session to help with data analysis. Audio-recording is required to participate in this study. You will talk one-on-one with an interviewer who is also a researcher at Northwestern University.

The feedback session is in English and will include a question and answer session over the phone. This session requires that the session be audio recorded. The researcher will notify you when the audio recorder has been turned on, and when it is turned off.

Is there any way being in this study could be bad for me?

There is nothing bad that will happen to you, although you may feel uncomfortable with some of the questions I ask about emotions, like stress, anxiety, and being nervous. You can skip any questions you do not want to answer and you can stop at any time.

What happens to the information collected for the research?

Data from this study, that does not have your name or other private information, may be shared with the larger research community to advance science and health. We will not use any personal information that could identify you before files are shared with other researchers to ensure that, by current scientific standards and known methods, no one will be able to recognize you from the information we share. I cannot promise complete secrecy, but I will work to keep your name and other information private. Also, efforts will be made to limit the use of your personal information, including research study records, to people who have a need to review this information.

I will not ask you about abuse, but if you tell me that you plan to hurt yourself or someone else, or that someone is hurting or neglecting you, I have to do whatever is needed to keep everyone safe, which may require notifying the authorities and/or others. We are legally obligated to report child abuse or neglect to state authorities.

I will retain audio files and transcriptions of the feedback sessions for no longer than 10 years after the end of the study. I will also retain this assent form (and the parent/guardian permission form) with signatures. All types of data will be secured using passwords (for computer-based data) or secured in a locked cabinet (for paper data), and available only to researchers approved to work on this project. The completed surveys and information gathered from the feedback sessions will be kept separate from information which identifies you.

What else do I need to know?

If you agree to take part in this research study, I will send you a \$25 Visa giftcard via email for your time and effort at the end of the session. You will still receive this compensation even if you decide to end your participation in this study early.

Who can I talk to?

If you have questions, concerns, or complaints, about the research, you can talk to your parents/guardians or you can talk to the researcher that leads this study at:



This research has been reviewed and approved by an Institutional Review Board (“IRB”). The IRB’s job is to protect the rights of people participating in research studies. You may talk to them at (312) 503-9338 or email them at irb@northwestern.edu if:

- Your questions, concerns, or complaints are not being answered by the research team.
- You cannot reach the research team.
- You want to talk to someone besides the research team.
- You have questions about your rights as a research participant.
- You want to get information or provide input about this research.

Informed Adolescent Assent:

Do you wish to participate? Record participant's response: Yes No

The following research activity is optional, meaning that you do not have to agree to it in order to participate in the research study. Please indicate your willingness to participate in this optional activity by saying yes or no.

The researcher may use the audio recordings of me in scholarly presentations or publications. My voice may be visible and so my identity may be shared as part of this activity, although the researcher will attempt to limit such identification. I accept the risks associated with such identification.

Yes No

Participant Study Number or Name:

My signature below documents that the information in the assent document and any other written and verbal information was accurately explained to, and apparently understood by, the participant, and that assent was freely given by the participant for their participation in this research study.

Signature of person obtaining assent

Date/Time

Printed name of person obtaining assent