

Dear ,

I am contacting you to let you know about a study that Northwestern Medicine is conducting in partnership with the Center for Behavioral Intervention Technologies at Northwestern University. We are sending this invitation to all of our patients who have participated in our Medical Care Management program, whether or not we were working with you on behavioral health issues, and are looking for those who would be willing to participate in a phone interview lasting up to 60-minutes.

Because behavioral health issues are known to affect physical health and because healthcare services to treat these conditions can be difficult to access, we feel that this is an important area of development for the patients of Northwestern Medicine. The purpose of this study is to identify how mobile devices and other technologies can help enhance the services we provide, with the ultimate goal of improving the mental and physical health and well-being of the patients and communities we serve.

Under the direction of Principal Investigator [REDACTED], PhD, the study is titled "Investigation of Care Managed Patient Experience and Interest in Technology Enabled Mental Health Care Delivery." The Institutional Review Board (IRB) number for this study is [REDACTED]

This research study is an opportunity for you to share your experiences and to help inform the development of new programs that have the potential to help patients across the Northwestern Medicine system. We hope you will consider participating.

Please note that participation in this study is not mandatory, and your care will not be affected in any way should you choose not to participate. Additionally, your Care Manager will not be aware of whether or not you are participating. If you are eligible and decide to participate in the up to 60-minute interview, you will then receive \$50 as a small token of appreciation.

To learn more about this study and schedule a brief screening over the phone to determine eligibility, please contact [REDACTED]

Sincerely,

[REDACTED]

[REDACTED]