

Title of Research Study: Investigation of Care Managed Patient Experience and Interest in Technology Enabled Mental Health Care Delivery

IRB Study Number: S [REDACTED]

Investigator: [REDACTED]

Supported By: This research is supported by the Department of Preventive Medicine at Northwestern University.

Introduction

I am [REDACTED]

Key Information about this research study:

The following is a short summary of this study to help you decide whether to be a part of this study. We are asking you to take part in this research study because we are trying to learn more about how patients enrolled in Care Management receive mental health services, and about their interest and ideas for new methods of receiving care. You will be asked to complete an audio recorded semi-structured interview with a member of the research team. We expect that you will be in this research study for up to 60 minutes. The primary risk of participation is a risk of discomfort in that you may find some of the questions sensitive. You can skip any questions you do not wish to answer or ask to end the interview at any point. We expect that 10-30 people will be in this research study.

Here is why you are being asked to take part in this research study:

We are asking you to take part in this research study because you are a patient enrolled in the Care Management service at Northwestern Medicine Physician Partners (NMPP). We are interested in learning about your experience in receiving care management and mental health services, as well as about your interest in digital mental health tools.

This is what you should know about being in a research study

- Someone will explain this research study to you.
- Whether or not you take part is up to you.
- You can choose not to take part. You can also agree to take part and later change your mind.
- You can ask all the questions you want before you decide.

If you say that “Yes, you want to be in this research,” here is what you will do

If you agree to participate, you will be asked to complete an audio recorded semi-structured interview with a member of the research team that will last up to 60 minutes. In this semi-structured interview, you will be asked open-ended questions and follow-up questions about your experience in Care Management, your experience with mental health services, and your ideas for new methods of receiving care.

If you say that you do not want to be in this research:

You can decide not to participate in this research and it will not be held against you.

You can say “Yes,” but change your mind later

You can leave the research at any time and it will not be held against you. We can end the interview at any time. Just let me know if you want to do this. If this happens, I will ask you if any data collected up until that point may be used in the research.

This is what will happen to the information collected for this research

Efforts will be made to limit the use and disclosure of your personal information, including research study records, to people who have a need to review this information. We cannot promise complete secrecy.

Organizations that may inspect and copy your information include the IRB and other representatives of this institution. You will be identified only by a unique subject number. All information will be kept on a password protected computer only accessible by the research team. The results of the research study may be published, but your name will not be used. All results will be presented in aggregate without any personal identifiers.

Here is some other information that is useful for you to know:

If you agree to take part in this research study, we will provide you with \$50 after your completion of the interview. You will still receive this compensation even if you choose to end the interview early. Depending on Northwestern University payment guidelines and availability at the time of your participation, payments to participants will be issued in one of the following ways:

- Amazon.com credits
- By check
- Through Northwestern University Payroll (if you are Northwestern University employee)

The Amazon.com credits can be used for making online purchases through the Amazon.com website and there are no fees associated with this type of payment. Amazon.com credits typically take 1-2 weeks to process. Hard copy checks typically take 3-4 weeks to process.

Here is who you can talk to

If you have questions, concerns, or complaints, or think the research has hurt you, talk to the Principal Investigator at 312-503-3741.

This research has been reviewed and approved by an Institutional Review Board (“IRB”). You may talk to them at (312) 503-9338 or irb@northwestern.edu if:

- Your questions, concerns, or complaints are not being answered by the research team.
- You cannot reach the research team.
- You want to talk to someone besides the research team.
- You have questions about your rights as a research participant.
- You want to get information or provide input about this research.

Consent:

Do you wish to participate?

Record participant’s response: Yes No

Signature of person obtaining consent

Date

Printed name of person obtaining consent