

Online Consent to Participate in Research

Title of Research Study: Examining Millennial and Gen Z Preferences for Non-Traditional Mental Healthcare

IRB Study Number: [REDACTED]

Principal Investigator: [REDACTED]

Supported By: This research is supported by the Department of Medical Social Sciences.

Key Information about this research study:

The following is a short summary of this study to help you decide whether to be a part of this study.

The purpose of this study is to examine what types of non-traditional mental healthcare services Millennials and Gen Z'ers prefer. You will be asked to complete a survey which will include questions about your demographics, history of mental health conditions, and attitudes and perceptions of mental health care services and/or tools. We expect that this survey will take 10-15 minutes. All study data are confidential.

The primary risk of participation is breach of confidentiality despite any steps taken to protect participants' privacy. All questionnaires are framed as requiring voluntary responses only. You can choose to withdraw from the study without penalty if you do not wish to provide the requested information. The main benefit of participation is that it may help researchers understand how to better serve adolescents and young adults in need of mental healthcare.

Why am I being asked to take part in this research study?

I am asking you to take part in this research study because you are an individual between 18 and 38 years old who is fluent in English.

How many people will be in this study?

We expect about 200 people here will be in this research study.

What should I know about a research study?

- Whether or not you take part is up to you.
- You can choose not to take part.
- You can agree to take part and later change your mind.
- Your decision will not be held against you.

What happens if I do not want to be in this research or if I say “Yes”, but I change my mind later?

Participation in research is voluntary. You can decide to participate or not to participate.

You can decide not to participate in this research or you can start and then decide to leave the research at any time and it will not be held against you. To do so, simply exit the survey. Any data already collected will not be saved.

Online Consent to Participate in Research

What happens to the information collected for the research?

Efforts will be made to limit the use and disclosure of your personal information, including research study to people who have a need to review this information. We cannot promise complete secrecy. Organizations that may inspect and copy your information include the IRB and other representatives of this institution.

This survey is being hosted by NUI REDCap Electronic data capture software and involves a secure connection. Terms of service, addressing confidentiality, may be viewed at: <https://projectredcap.org/partners/termsfuse/>. You will be identified only by a unique subject number. Your email address will be stored separately from your survey data, and is only being collected for payment purposes. All information will be kept on a password protected computer only accessible by the research team. The results of the research study may be published, but your name will not be used.

Data Sharing

De-identified data from this study may be shared with the research community at large to advance science and health. We will remove or code any personal information that could identify you before files are shared with other researchers to ensure that, by current scientific standards and known methods, no one will be able to identify you from the information we share. Despite these measures, we cannot guarantee anonymity of your personal data.

What else do I need to know?

If you agree to take part in this research study, you will be entered into a raffle to win one of four \$50 Amazon gift cards. The raffle will take place after 200 participants have completed the survey. You will receive an email if you are one of the winners.

Who can I talk to?

If you have questions, concerns, or complaints talk to the Principal Investigator, [REDACTED]

This research has been reviewed and approved by an Institutional Review Board (“IRB”). You may talk to them at (312) 503-9338 or irb@northwestern.edu if:

- Your questions, concerns, or complaints are not being answered by the research team.
- You cannot reach the research team.
- You want to talk to someone besides the research team.
- You have questions about your rights as a research participant.
- You want to get information or provide input about this research.

Consent

If you want a copy of this consent for your records, you can print it from the screen.

If you wish to participate, please click the “I Agree” button and you will be taken to the survey.

If you do not wish to participate in this study, please select “I Disagree” or select X in the corner of your browser.

Email Address: _____