

Task 1: Navigate through the FoodSwitch tutorial

1. Download the free application from Google Play or Apple App Store (search for “FoodSwitch USA”)
2. Proceed through the tutorial screens while following the instructions

Task 2: Scan packaged food items

1. Navigate to the “SCAN” screen →
2. Scan your first item’s barcode and view the nutrition information
3. Explore suggested alternatives
4. Return to the “SCAN” screen
5. Scan your next item, view the nutrition information, etc.
6. After scanning at least two items, return to the “SCAN” screen

The “SCAN” screen



Task 3: Switch between traffic light labels and health star ratings

1. Navigate to the “MODE” screen
2. Switch your settings to “Health Star Ratings”
3. Navigate to the “RECENTS” screen
4. View all of your recent items in Health Star Ratings mode
5. If you prefer, switch back to the “Traffic Light Labels” setting in the “MODE” screen
6. Return to the “SCAN” screen

Task 4: Create and delete a food item list

1. Navigate to the “LISTS” screen
2. Select the + icon to create a list and create a name for your list
3. Navigate to the “RECENTS” screen
4. Tap on your first item
5. Swipe left, then add to your list
6. Return to the “RECENTS” screen, and add all your items to your list
7. Navigate to the “LISTS” screen
8. Select the pencil icon
9. Delete an item and confirm the change to your list
10. Navigate to the “LISTS” screen
11. Tap the pencil icon
12. Delete your list and confirm the change
13. Return to the “SCAN” screen

Task 5: Report an issue (Optional)

When using the “SCAN” function, if an item is not in the FoodSwitch database, you will be notified through the app. If this occurs:

1. Tap “Okay”
2. Take photos of the identified product
3. Submit all product information through the app

Task 6: Complete the post-test survey: <https://tinyurl.com/y9jb8ouz>